

Liberty Senior Center 759-5244 October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Salisbury Steak, mashed potatoes, carrots	2 Creamy Tomato, grilled cheese sandwich, mixed berry pie	3 Chicken & Biscuits, w/tomato slices	4 Pancakes, sausage, oranges	5
6	7 Chicken Tot Casserole & peas & carrots	8 Roast Beef, mashed potatoes, green beans	9 Tortellini w/spinach soup, Chicken salad sand, banana cream pie	10 Hamburgers	11 Pizza, apricot bars	12
13	14 Closed Columbus Day	15 Baked Ham, sweet potatoes and peas	16 Potato Soup, Turkey sandwich, mand. Orange pie	17 Taco Salad Bar	18 Ham & Scalloped potatoes, green beans and banana bars	19
20	21 Biscuits & Gravy, carrots	22 Porcupine Meatballs, mashed potatoes, green beans	23 Beef Barley soup, Egg Salad sand. pumpkin pie	24 Chicken Enchiladas, refried beans, corn	25 Chicken Tenders, peas, cream puffs	26
27	28 Sloppy Joes, green beans	29 Chicken Marsala, mashed potatoes, carrots	30 Split pea soup, Ham sandwich, apple pie	31 Liver & Onions, mashed potatoes, corn		



Menus subject to change without notice

A salad bar with fruit, vegetables and pudding is available with lunch at the Center every serving day. The salad bar is out at approximately 11:30a.m. and the main course is served at noon. Milk is available upon request.

Home Delivered meals are available every serving day. Please call by 10:00a.m. A salad and dessert (fruit) is included. Milk is available if requested. Take-outs may have the salad bar in place of the main Dinner Entrée. Thank you for participating in our meals program and activities.

You may eat all you want at the Center but PLEASE do not ask to take food home.