Liberty Senior Center 759-5244



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|--|---|----------|
| 7 | 1 Chicken & Biscuits w/peas and carrots | 2 Roast Beef, mashed potatoes & green beans | 3 Ham & Bean Soup, Blueberry Pie Turkey Sandwich | 4 CLOSED Independence Day | 5 Hamburgers, baked beans and cookies | 6 |
| | 7 8 Spaghetti w/meat sauce, garlic toast and capri vegetable | 9 Meat Loaf w/mashed potatoes and corn | 10 Broccoli Cheese Soup, Ham Sandwich and Strawberry Pie | 11 Sweet & Sour Chicken, rice and cantaloupe | 12 Pulled Pork Sandwich, green beans and carrot cake | 13 |
| 1 | 4 15 Tater Tot Casserole and green beans | 16 Roast Turkey, mashed potatoes and beets | 17 Chicken Rice soup, egg salad sandwich & Chocolate Pie | 18 Hot Beef Sandwich, mashed potatoes and carrots | 19 Crab Quiche, fruit salad and cinnamon roll | 20 |
| 2 | l 22 Polish Dogs w/sauerkraut and hash browns | 23 BBQ Chicken, mashed potatoes and green beans | 24 Potato Soup, Meatloaf sandwich and Cherry Pie | 25 Taco Salad Bar | 26 Fish & Chips, coleslaw and brownie | 27 |
| 2 | B 29 Teriyaki Chicken Skewers, rice and stir fry vegetables | 30 Roast Pork, mashed potatoes and carrots | 31 Hamburger Vegetable soup, chicken salad sand & Banana Cream Pie | Menus subject to change without notice | | |
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A salad bar is available with lunch at the Center every serving day. The salad bar is out oat approximately 11:30a.m. and the main course is served at noon.

Home Delivered meals are available every serving day. Please call by 10:00a.m. A salad and dessert (Fruit) is included. Milk is available if requested. Take-outs may have the salad bar in place of the main Dinner Entrée. Thank you for participating in our meals program and activities.

You may eat all you want at the Center but please do not ask to take food home.